

Living the Dream

AN INTERACTIVE GUIDED JOURNALING
COURSE WITH ANNE SIROIS



→ Why Anne Sirois's Guided Journaling Course?

There is so much content out there to absorb. We are inundated with information, but have less time and energy to curate it into our lives. So we want a trustworthy conversational community that we can routinely access to sift through decisions.

To survive modern overwhelm, we seek self-directed experiences with people who want positive exchange between trusted friends while co-creating meaningful solutions across all our lives. This is what Anne Sirois's guided journaling workshops are all about.

→ What Will You Learn in the Guided Journaling Course?

- To recognize your real dreams and finish them
- To trust and rely on your intuitive Voice
- To get actionable and detailed views of your life so you can make the best decisions
- To raise the joy in your spirit up higher than you ever thought possible and achieve life satisfaction
- To distill information down to knowledge you need to streamline your efforts

→ How Do You Sign Up?

- Email Anne Sirois today at dorothyannehmg@gmail.com
- Visit the website for more information:
<https://www.hazelmariesgarden.com>

